



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Widawski, Pawel

Total time: 1:13:52

Club: Bensheim

Number: 325

Course: 25.50 km

Rank in course/Total: 105 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 97 (of 240)

Best time in course: 57:33

Category:

Rank in category: 11(of 38)

Senioren 1 (TM 40-44)

Best time in the category: 57:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:26	0.00	12	2:48	85	3:51	0.50	11:26	0.00	27		155	2:41
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	1:02:26	4.81	32	43:03	155	43:03	25.50	1:13:52	20.31	11	16:19	97	16:19