



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Konold, Sebastian

Total time: 1:13:57

Club: StartNet DSW´12 Darmstadt

Number: 328

Course: 25.50 km

Rank in course/Total: 106 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 98 (of 240)

Best time in course: 57:33

Category:

Rank in category: 7(of 11)

männl. AK 2 (TM 25-29)

Best time in the category: 1:04:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	8:23	0.00	2	0:12	6	0:48	0.50	8:23	0.00	9	0:12	155	
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	1:05:34	4.58	8	46:04	171	46:11	25.50	1:13:57	20.28	7	9:37	98	16:24