



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Schönung, Christian

Total time: 1:18:34

Club: TV Lampertheim Triathlon

Number: 31

Course: 25.50 km

Rank in course/Total: 157 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 138 (of 240)

Best time in course: 57:33

Category:

Rank in category: 20(of 38)

Senioren 1 (TM 40-44)

Best time in the category: 57:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	8:38	0.00	1	-	10	1:03	0.50	8:38	0.00	27		12	
Rad	20.00	40:52	29.36	6	3:24	38	5:03	20.50	49:30	24.24	28		14	1:53
Lauf	5.00	29:04	10.32	24	9:41	111	9:41	25.50	1:18:34	19.09	20	21:01	138	21:01