



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

van Sebroeck, Bart

Total time: 1:23:44

Club: Einhausen

Number: 326

Course: 25.50 km

Rank in course/Total: 222 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 180 (of 240)

Best time in course: 57:33

Category:

Rank in category: 39(of 46)

männl. AK 4 (TM 35-39)

Best time in the category: 57:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:44	0.00	20	4:09	96	4:09	0.50	11:44	0.00	30	1:57	155	2:59
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	1:12:00	4.17	42	51:24	206	52:37	25.50	1:23:44	17.91	39	26:03	180	26:11