



6. Lorsche Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Hoffmann, Norbert

Total time: 1:24:24

Club: BSG Röhm

Number: 292

Course: 25.50 km

Rank in course/Total: 229 (of 322)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 184 (of 240)

Best time in course: 57:33

Category:

Rank in category: 25(of 32)

männl. AK 3 (TM 30-34)

Best time in the category: 1:05:32

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	11:06	0.00	15	2:46	69	3:31	0.50	11:06	0.00	24		155	2:21
Rad	20.00	45:28	26.39	16	8:11	90	9:39	20.50	56:34	21.21	23	1:03	135	8:57
Lauf	5.00	27:50	10.78	16	7:45	102	8:27	25.50	1:24:24	17.77	25	18:52	184	26:51