



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Welfonder, Kirstin

Total time: 1:24:36

Club: Heidelberg

Number: 327

Course: 25.50 km

Rank in course/Total: 234 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 48 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 13(of 17)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:16:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	12:24	0.00	12	3:00	35	4:39	0.50	12:24	0.00	14	2:08	53	0:56
Rad	20.00	47:24	25.32	11	4:24	34	9:35	20.50	59:48	20.07	14	5:50	51	
Lauf	5.00	24:48	12.10	4	2:03	9	2:16	25.50	1:24:36	17.73	13	8:31	48	20:07