



6. Lorsche Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Richter, Hans-Joachim

Total time: 1:20:20

Club: TCB Worms

Number: 18

Course: 25.50 km

Rank in course/Total: 188 (of 322)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 157 (of 240)

Best time in course: 57:33

Category:

Rank in category: 31(of 49)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-
Rad	20.00	56:08	21.38	26	20:14	129	20:19	20.50	56:08	21.38	27	4:01	17	8:31
Lauf	5.00	24:12	12.40	12	4:46	59	4:49	25.50	1:20:20	18.67	31	19:49	157	22:47