



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Baust, Rolf

Total time: 1:11:27

Club: TV Dielheim

Number: 365

Course: 25.50 km

Rank in course/Total: 75 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 70 (of 240)

Best time in course: 57:33

Category:

Rank in category: 18(of 49)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	10:54	0.00	11	2:56	60	3:19	0.50	10:54	0.00	29		155	2:09
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	1:00:33	4.95	29	41:07	146	41:10	25.50	1:11:27	20.99	18	10:56	70	13:54