



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Albrecht, Hans-Christian

Total time: 1:15:09

Club: LT Hemsbach

Number: 361

Course: 25.50 km

Rank in course/Total: 118 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 108 (of 240)

Best time in course: 57:33

Category:

Rank in category: 8(of 19)

Senioren 4 (TM 55-59)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:28	0.00	1	-	48	2:53	0.50	10:28	0.00	8		155	1:43
Rad	20.00	40:56	29.32	1	-	39	5:07	20.50	51:24	23.35	8	2:46	135	3:47
Lauf	5.00	23:45	12.63	3	2:21	51	4:22	25.50	1:15:09	19.96	8	12:43	108	17:36