



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Egger, Alexander

Total time: 1:21:00

Club: Dieburg

Number: 26

Course: 25.50 km

Rank in course/Total: 193 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 160 (of 240)

Best time in course: 57:33

Category:

Rank in category: 11(of 11)

männl. AK 2 (TM 25-29)

Best time in the category: 1:04:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	9:20	0.00	3	1:09	20	1:45	0.50	9:20	0.00	2	1:09	15	0:35
Rad	20.00	42:32	28.21	3	5:16	57	6:43	20.50	51:52	23.14	1	-	18	4:15
Lauf	5.00	29:08	10.30	4	9:38	113	9:45	25.50	1:21:00	18.52	11	16:40	160	23:27