



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Nollert, Andrea

Total time: 1:27:16

Club: Spiridon Frankfurt

Number: 385

Course: 25.50 km

Rank in course/Total: 257 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 55 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 5(of 11)

Seniorinnen 2 TW 45-49)

Best time in the category: 1:18:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Women	Women	km	Time	km/h	Cat.	Cat.	Women	Women
Schwimmen	0.50	12:06	0.00	5	0:54	32	4:21	0.50	12:06	0.00	10	0:54	53	0:38
Rad	20.00	44:48	26.79	2	1:18	16	6:59	20.50	56:54	21.09	10		51	
Lauf	5.00	30:22	9.88	7	7:50	39	7:50	25.50	1:27:16	17.19	5	8:44	55	22:47