



## 6. Lorsch Triathlon

Lorsch / 02.08.2009

### Detailed evaluation

#### Lemberg, Hauke

Club: Eggenstein

Number: 382

Course: 25.50 km

Lorsch Triathlon 0,5-20-5

Category:

Senioren 1 (TM 40-44)

Total time: 1:28:49

Rank in course/Total: 276 (of 322)

Rank in course/Men: 214 (of 240)

Best time in course: 57:33

Rank in category: 35(of 38)

Best time in the category: 57:33

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	14:20	0.00	25	5:42	142	6:45	0.50	14:20	0.00	27	0:21	155	5:35
Rad	20.00	46:38	25.73	19	9:10	99	10:49	20.50	1:00:58	19.68	28	8:43	135	13:21
Lauf	5.00	27:51	10.77	21	8:28	103	8:28	25.50	1:28:49	16.89	35	31:16	214	31:16