



6. Lorsche Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Schambach, Jens

Club: DLRG Lorsch e.V.

Number: 47

Course: 25.50 km

Lorsche Triathlon 0,5-20-5

Category:

Senioren 1 (TM 40-44)

Total time: 1:24:59

Rank in course/Total: 236 (of 322)

Rank in course/Men: 187 (of 240)

Best time in course: 57:33

Rank in category: 32(of 38)

Best time in the category: 57:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men	
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-	-
Rad	20.00	58:19	20.58	27	20:51	131	22:30	20.50	58:19	20.58	28	6:04	19	10:42	
Lauf	5.00	26:40	11.25	18	7:17	88	7:17	25.50	1:24:59	17.65	32	27:26	187	27:26	