



6. Lorsche Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Lamprecht, Thomas

Total time: 1:27:01

Club: TSG Maxdorf

Number: 13

Course: 25.50 km

Rank in course/Total: 255 (of 322)

Lorsche Triathlon 0,5-20-5

Rank in course/Men: 201 (of 240)

Best time in course: 57:33

Category:

Rank in category: 41(of 49)

Senioren 2 (TM 45.49)

Best time in the category: 1:00:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	fehlt!	-	-	-	-	-	0.50	-	-	-	-	-	-
Rad	20.00	53:06	22.60	23	17:12	122	17:17	20.50	53:06	22.60	27	0:59	20	5:29
Lauf	5.00	33:55	8.85	25	14:29	130	14:32	25.50	1:27:01	17.24	41	26:30	201	29:28