



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Prenzel, Lutz

Total time: 1:34:35

Club: Sulzbach a.M.

Number: 36

Course: 25.50 km

Rank in course/Total: 306 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 233 (of 240)

Best time in course: 57:33

Category:

Rank in category: 8(of 10)

Senioren 5 (TM 60-64)

Best time in the category: 1:15:05

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Pos Cat. | Behind Cat. | Stage score | | Total | | | Total ranking | | | |
|-----------|-------------|---------------|---------------|-------------|----------------|-------------|---------------|-------------|---------------|---------------|---------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.50 | 12:56 | 0.00 | 8 | 3:53 | 128 | 5:21 | 0.50 | 12:56 | 0.00 | 2 | 0:54 | 17 | 4:11 |
| Rad | 20.00 | 52:33 | 22.84 | 8 | 13:20 | 121 | 16:44 | 20.50 | 1:05:29 | 18.33 | 2 | 7:27 | 22 | 17:52 |
| Lauf | 5.00 | 29:06 | 10.31 | 6 | 5:36 | 112 | 9:43 | 25.50 | 1:34:35 | 15.86 | 8 | 19:30 | 233 | 37:02 |