



# 6. Lorsch Triathlon

Lorsch / 02.08.2009

## Detailed evaluation

### Schmidt, Sylke

Total time: 1:18:28

Club: Tausstein

Number: 70

Course: 25.50 km

Rank in course/Total: 153 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 18 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 3(of 17)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:16:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women
Schwimmen	0.50	10:16	0.00	5	0:52	8	2:31	0.50	10:16	0.00	1	-	53
Rad	20.00	43:42	27.46	2	0:42	8	5:53	20.50	53:58	22.24	1	-	51
Lauf	5.00	24:30	12.24	3	1:45	8	1:58	25.50	1:18:28	19.12	3	2:23	18 13:59