



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Fritz, Sylke

Total time: 1:20:15

Club: SKV Mörfelden Team MöWathlon

Number: 57

Course: 25.50 km

Rank in course/Total: 184 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 30 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 7(of 17)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:16:05

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split km/h | Stage score | | | | Total ranking | | | | | | |
|-----------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|---------------|---------------|---------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen | 0.50 | 11:44 | 0.00 | 10 | 2:20 | 26 | 3:59 | 0.50 | 11:44 | 0.00 | 2 | 1:28 | 53 | 0:16 |
| Rad | 20.00 | 44:04 | 27.23 | 4 | 1:04 | 10 | 6:15 | 20.50 | 55:48 | 21.51 | 2 | 1:50 | 51 | |
| Lauf | 5.00 | 24:27 | 12.27 | 2 | 1:42 | 7 | 1:55 | 25.50 | 1:20:15 | 18.69 | 7 | 4:10 | 30 | 15:46 |