



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Fritz, Sylke

Total time: 1:20:15

Club: SKV Mörfelden Team MöWathlon

Number: 57

Course: 25.50 km

Rank in course/Total: 184 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 30 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 7(of 17)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:16:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Women	Behind Women	km	Time				Pos Women	Behind Women
Schwimmen	0.50	11:44	2.56	10	2:20	26	3:59	0.50	11:44	2.56	2	1:28	53	0:16
Rad	20.00	44:04	27.23	4	1:04	10	6:15	20.50	55:48	22.04	2	1:50	51	
Lauf	5.00	24:27	12.27	2	1:42	7	1:55	25.50	1:20:15	19.07	7	4:10	30	15:46