



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Lange, Natascha

Total time: 1:20:53

Club: TV Lampertheim Triathlon

Number: 69

Course: 25.50 km

Rank in course/Total: 192 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 33 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 6(of 11)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:10:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Women	Behind Women	km	Time	km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	13:02	0.00	6	4:35	40	5:17	0.50	13:02	0.00	8	1:43	53	1:34
Rad	20.00	42:31	28.22	2	0:09	5	4:42	20.50	55:33	21.60	8		51	
Lauf	5.00	25:20	11.84	2	1:40	11	2:48	25.50	1:20:53	18.55	6	10:26	33	16:24