



6. Lorsche Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Kempf, Rita

Total time: 1:30:19

Club: TSG Wiesloch

Number: 67

Course: 25.50 km

Rank in course/Total: 284 (of 322)

Lorsche Triathlon 0,5-20-5

Rank in course/Women: 65 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 6(of 8)

Seniorinnen 3 (TW 50-54)

Best time in the category: 1:17:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:52	0.00	1	-	28	4:07	0.50	11:52	0.00	3		53	0:24
Rad	20.00	49:55	24.04	4	8:08	38	12:06	20.50	1:01:47	19.42	3	7:07	51	
Lauf	5.00	28:32	10.51	4	5:40	32	6:00	25.50	1:30:19	16.61	6	12:47	65	25:50