



6. Lorsch Triathlon

Lorsch / 02.08.2009

Detailed evaluation

Deuerling, Silke

Total time: 1:32:43

Club: Heddesheim

Number: 56

Course: 25.50 km

Rank in course/Total: 295 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 70 (of 82)

Best time in course: 1:04:29

Category:

Rank in category: 13(of 13)

weibl. AK 4 (TW 35-39)

Best time in the category: 1:04:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score		Total ranking								
				Pos Cat.	Behind Cat.	Pos Cat.	Behind Cat.	Pos Cat.	Behind Cat.					
Schwimmen	0.50	12:25	0.00	5	4:40	36	4:40	0.50	12:25	0.00	8	1:31	53	0:57
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-
Lauf	5.00	1:20:18	3.74	12	57:39	70	57:46	25.50	1:32:43	16.18	13	28:14	70	28:14