



# 6. Lorsch Triathlon

Lorsch / 02.08.2009

## Detailed evaluation

**Schneider, Frank**

**Total time: 1:15:58**

Club: Nidderau-Heldenbergen

Number: 100

Course: 25.50 km

Rank in course/Total: 127 (of 322)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 117 (of 240)

Best time in course: 57:33

Category:

Rank in category: 14(of 38)

Senioren 1 (TM 40-44)

Best time in the category: 57:33

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:48	0.00	16	3:10	97	4:13	0.50	11:48	0.00	27		155	3:03
Rad	20.00	39:53	30.09	4	2:25	30	4:04	20.50	51:41	23.22	28		135	4:04
Lauf	5.00	24:17	12.35	11	4:54	62	4:54	25.50	1:15:58	19.75	14	18:25	117	18:25