



6. Breitunger Pleßlauf

Breitungen / 23.08.2009

Detailed evaluation

Biskamp, Stephan

Club: Philippsthaler Landgrafen
Number: 447

Course: 29.00 km
29 km-Lauf

Total time: 2:27:28

Speed: 11.80 km/h

metres in height up: 570
Course score: 37.55

performance score: 188 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Festplatz	0	0	10:05	00:00	00:00
km	13.5	13.5	11:17	01:11	01:11
km	18.5	5.0	11:38	01:32	00:21
km	26.0	7.5	12:19	02:13	00:40
Festplatz	29.0	3.0	12:33	02:27	00:13