



2. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 13.09.2009

Detailed evaluation

Großmann, Gerald

Club: SV Motor / FC Mittwoch

Number: 22

Course: 5.00 km

5 km Lauf

Category:

Männer M45

Total time: 34:43

Speed: 8.64 km/h

Running performance: 6:56 min/km

Rank in course/Total: 18 (of 32)

Rank in course/Men: 8 (of 15)

Best time in course: 26:39

Rank in category: 1(of 2)

Best time in the category: 34:43