



3. Schlaubetal-Marathon  
Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Glasneck, Manfred

Club: MSV Tripoint Frankfurt (Oder)  
Number: 167

Course: 10.00 km  
10 km Lauf

Category:  
Männer M65

Total time: 45:22

Speed: 13.23 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 15 (of 95)

Rank in course/Men: 15 (of 52)

Best time in course: 34:28

Rank in category: 1(of 4)

Best time in the category: 45:22