



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Nielsen, Preben

Club: Middelfart Motions klub
Number: 647

Course: 43.50 km
Marathon

Category:
Männer M45

Total time: 4:29:37

Speed: 9.57 km/h
Running performance: 6:12 min/km

Rank in course/Total: 56 (of 105)

Rank in course/Men: 52 (of 92)

Best time in course: 3:10:17

Rank in category: 8(of 13)

Best time in the category: 3:16:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	11.60	1:02:41	5:24	9	16:14	53	17:09	11.60	1:02:41	5:24	6	16:14	12		
Lap 2	18.80	1:58:01	6:16	10	37:16	65	57:21	30.40	3:00:42	5:56	7	47:19	13	7:00	
Last lap Finish	13.10	1:28:55	6:47	7	22:47	42	26:17	43.50	4:29:37	6:11	8	1:13:00	52	1:19:20	