



3. Schlaubetal-Marathon

Eisenhüttenstadt / 17.10.2009

Detailed evaluation

Kelbel, Joe

Club: marathon4you.de
Number: 657

Course: 43.50 km
Marathon

Category:
Männer M45

Total time: 5:10:00

Speed: 8.32 km/h
Running performance: 7:08 min/km

Rank in course/Total: 91 (of 105)

Rank in course/Men: 80 (of 92)

Best time in course: 3:10:17

Rank in category: 12(of 13)

Best time in the category: 3:16:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:10:32	6:04	12	24:05	76	25:00	11.60	1:10:32	6:04	9	24:05	31	5:53
Lap 2	18.80	2:13:12	7:05	13	52:27	83	1:12:32	30.40	3:23:44	6:42	9	1:10:21	35	30:02
Last lap Finish	13.10	1:46:16	8:06	11	40:08	74	43:38	43.50	5:10:00	7:07	12	1:53:23	80	1:59:43