



8. Unter-Tage-Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 05.12.2009

Detailed evaluation

Voigt, Helmut

Club: Laatzen
Number: 397

Course: 42.20 km
Marathon

Category:
Männer M55

Total time: 5:20:23

Speed: 7.87 km/h
Running performance: 7:35 min/km

Rank in course/Total: 238 (of 292)

Rank in course/Men: 221 (of 267)

Best time in course: 3:13:29

Rank in category: 8(of 10)

Best time in the category: 3:13:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.50	1:27:12	6:58	8	33:20	241	33:20	12.50	1:27:12	6:58	6	10:00	220	18:57
Lap 2	10.55	1:18:23	7:25	8	30:37	234	30:37	23.05	2:45:35	7:11	8	1:03:57	226	33:57
Lap 3	10.55	1:26:53	8:14	8	35:34	214	38:34	33.60	4:12:28	7:30	7	1:39:31	196	1:39:31
Last lap Finish	8.60	1:07:55	7:53	7	27:23	199	31:15	42.20	5:20:23	7:35	9	3:55:44	238	4:17:06