



ViaSolutionsThüringenA4Lauf  
Eisenach / 10.01.2010

## Detailed evaluation

**Rippel, Markus**

Club: SV Normania Treffurt e.V.  
Number: 1072

Course: 16.20 km  
Langdistanz

Category:  
Männer M30

Total time: 1:25:49

Speed: 11.19 km/h  
Running performance: 5:18 min/km

Rank in course/Total: 137 (of 263)

Rank in course/Men: 132 (of 231)

Best time in course: 59:27

Rank in category: 15(of 23)

Best time in the category: 1:01:11