



ViaSolutionsThüringenA4Lauf
Eisenach / 10.01.2010

Detailed evaluation

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Club: EFC 08 Ruhla
Number: 78

Course: 10.00 km
Kurzdistanz

Category:
Männer M60

Total time: 1:00:33

Speed: 9.91 km/h
Running performance: 6:04 min/km

Rank in course/Total: 153 (of 207)

Rank in course/Men: 119 (of 144)

Best time in course: 35:53

Rank in category: 5(of 6)

Best time in the category: 48:19