



4. Merkerser Kristallmarathon

Merkers / 28.02.2010

Detailed evaluation

Fleischer, Stefan

Club: SV Veilsdorf

Number: 20

Course: 22.75 km

Halbmarathon

Category:

Männer M40

Total time: 1:52:39

Speed: 11.72 km/h

Running performance: 4:57 min/km

Rank in course/Total: 2 (of 7)

Rank in course/Men: 2 (of 6)

Best time in course: 1:48:49

Rank in category: 1(of 2)

Best time in the category: 1:52:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:13	4:40	1	-	3	1:25	3.25	15:13	4:40	2	-	6	1:25
Lap 2	3.25	15:43	4:50	1	-	3	0:52	6.50	30:56	4:45	2	-	6	2:09
Lap 3	3.25	15:43	4:50	1	-	2	0:17	9.75	46:39	4:47	2	-	6	1:25
Lap 4	3.25	15:41	4:49	1	-	2	0:22	13.00	1:02:20	4:47	2	-	4	
Lap 5	3.25	15:52	4:52	1	-	2	0:08	16.25	1:18:12	4:48	2	-	6	
Lap 6	3.25	16:20	5:01	1	-	2	0:04	19.50	1:34:32	4:50	2	-	5	
Last lap Finish	3.25	18:07	5:34	1	-	2	1:15	22.75	1:52:39	4:57	1	-	2	3:50