



5. Walk in Herne  
Herne / 14.03.2010

Detailed evaluation

Greven, Detlef

Club: Nordic Bears  
Number: 20536

Course: 20.00 km  
Nordic Walking

Total time: 2:34:05

Speed: 7.79 km/h

metres in height up: 300  
Course score: 24.50

performance score: 191 Points