



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Kratz, Holger

Club: VS Leipzig

Number: 282

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 43:15

Speed: 13.87 km/h

Running performance: 4:19 min/km

Rank in course/Total: 77 (of 245)

Rank in course/Men: 74 (of 182)

Best time in course: 33:27

Rank in category: 7(of 20)

Best time in the category: 33:39