



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Springer, Andreas

Club: LG Leipzig Grünau

Number: 340

Course: 10.00 km

10 km-Lauf

Category:

Männer M60

Total time: 48:38

Speed: 12.34 km/h

Running performance: 4:52 min/km

Rank in course/Total: 132 (of 245)

Rank in course/Men: 117 (of 182)

Best time in course: 33:27

Rank in category: 5(of 10)

Best time in the category: 41:12