



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Weide, Daniel**

Club: VS Leipzig

Number: 224

Course: 10.00 km

10 km-Lauf

Category:

Männer M30

Total time: 40:44

Speed: 14.73 km/h

Running performance: 4:04 min/km

Rank in course/Total: 44 (of 245)

Rank in course/Men: 42 (of 182)

Best time in course: 33:27

Rank in category: 10(of 27)

Best time in the category: 33:36