



7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Dell, Fred

Club: M&H Rennsteigteam (Eisenach)

Number: 22

Course: 42.20 km

Melborn Marathon

Category:

Männer M50

Total time: 3:13:09

Speed: 13.05 km/h

Running performance: 4:35 min/km

Rank in course/Total: 3 (of 19)

Rank in course/Men: 3 (of 15)

Best time in course: 2:54:50

Rank in category: 1(of 2)

Best time in the category: 3:13:09