



## 7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

### Detailed evaluation

**Gasa, Carola**

Club: SV Mihla

Number: 23

Course: 42.20 km

Melborn Marathon

Category:

Frauen W45

Total time: 3:51:41

Speed: 10.88 km/h

Running performance: 5:29 min/km

Rank in course/Total: 9 (of 19)

Rank in course/Women: 1 (of 4)

Best time in course: 3:51:41

Rank in category: 1(of 1)

Best time in the category: 3:51:41