



7. Town & Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2010

Detailed evaluation

Friedrich, Marcel

Club: Schwallungen

Number: 11

Course: 42.20 km

Melborn Marathon

Category:

Männer M20

Total time: 4:34:42

Speed: 9.17 km/h

Running performance: 6:31 min/km

Rank in course/Total: 16 (of 19)

Rank in course/Men: 13 (of 15)

Best time in course: 2:54:50

Rank in category: 2(of 3)

Best time in the category: 2:56:35