



10. Kirschlauf
Kleinfahner / 13.06.2010

Detailed evaluation

Albrecht, Sandra

Club: Erfurt Nord Gymnastik e.V.
Number: 366

Course: 14.00 km
Nordic Walking

Category:
Nordic Walking weiblich

Total time: 2:05:39

Speed: 6.69 km/h
Running performance: 8:59 min/km

Rank in course/Total: 7 (of 13)
Rank in course/Women: 5 (of 10)
Best time in course: 2:00:03

Rank in category: 5(of 10)
Best time in the category: 2:00:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Posten	8.30	1:16:35	9:13	5	7:09	5	7:09	8.30	1:16:35	9:13	5	7:09	5	7:09
Finish	5.70	49:04	8:36	2	0:06	2	0:06	14.00	2:05:39	8:58	5	5:36	5	5:36