



10. Kirschlauf
Kleinfahner / 13.06.2010

Detailed evaluation

Heinz, Ramona

Club: Fahner Obst
Number: 352

Course: 14.00 km
Nordic Walking

Category:
Nordic Walking weiblich

Total time: 2:22:40

Speed: 5.89 km/h
Running performance: 10:11 min/km

Rank in course/Total: 11 (of 13)
Rank in course/Women: 9 (of 10)
Best time in course: 2:00:03

Rank in category: 9(of 10)
Best time in the category: 2:00:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Posten	8.30	1:22:57	9:59	8	13:31	8	13:31	8.30	1:22:57	9:59	9	13:31	9	13:31
Finish	5.70	59:43	10:28	9	10:45	9	10:45	14.00	2:22:40	10:11	9	22:37	9	22:37