



20. Sonnenwendlauf 2010  
Leipzig - Mühlwiese / 19.06.2010

Detailed evaluation

Gerstenberger, Helena

Club: LFV Oberholz  
Number: 462

Course: 3.60 km  
3,6 km Lauf

Category:  
weibliche Schüler B

Total time: 16:02

Speed: 11.23 km/h  
Running performance: 4:27 min/km

Rank in course/Total: 9 (of 22)  
Rank in course/Women: 2 (of 10)  
Best time in course: 15:32

Rank in category: 2(of 3)  
Best time in the category: 15:32