



6. LSF-Walking-Day
Münster / 19.06.2010

Detailed evaluation

Schwarze, Andrea

Club: Lüdenscheid

Number: 310

Course: 20.00 km

20 km Nordic Walking

Total time: 2:52:40

Speed: 6.95 km/h

metres in height up: 135

Course score: 22.03

performance score: 153 Points