



24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

Detailed evaluation

Herzer, Nils

Club: LSV LoK Arnstadt

Number: 301

Course: 3.00 km

3 km-Lauf

Category:

S 10 männlich

Total time: 15:01

Speed: 11.99 km/h

Running performance: 5:01 min/km

Rank in course/Total: 2 (of 18)

Rank in course/Men: 1 (of 9)

Best time in course: 15:01

Rank in category: 1(of 2)

Best time in the category: 15:01