



## 24. Ohratalsperrenlauf

Luisenthal / 31.07.2010

### Detailed evaluation

**Wolter, Nils**

Club: Luisenthaler SV

Number: 309

Course: 3.00 km

3 km-Lauf

Category:

S 9 männlich

Total time: 16:29

Speed: 10.92 km/h

Running performance: 5:29 min/km

Rank in course/Total: 6 (of 18)

Rank in course/Men: 5 (of 9)

Best time in course: 15:01

Rank in category: 1(of 3)

Best time in the category: 16:29