



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Heinrich, Petra

Total time: 1:17:55

Club: Lahnländer

Number: 104

Course: 25.50 km

Rank in course/Total: 148 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 21 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 5(of 15)

Seniorinnen 1 (TW 40-44)

Best time in the category: 1:14:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	11:06	0.00	5	1:26	23	3:26	0.50	11:06	0.00	14			67
Rad	20.00	42:13	28.42	6	8:13	22	8:13	20.50	53:19	22.51	15	0:59		70
Lauf	5.00	24:36	12.20	3	1:09	14	5:43	25.50	1:17:55	19.25	5	3:55	21	15:15