



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Kirchner, Erich

Total time: 1:14:42

Club: Birkenau

Number: 163

Course: 25.50 km

Rank in course/Total: 111 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 100 (of 241)

Best time in course: 57:44

Category:

Rank in category: 7(of 19)

Senioren 4 (TM 55-59)

Best time in the category: 1:02:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	10:39	0.00	2	0:33	60	3:15	0.50	10:39	0.00	14		181	2:18
Rad	20.00	39:16	30.56	5	2:21	57	9:54	20.50	49:55	24.04	1	-	212	7:55
Lauf	5.00	24:47	12.10	9	4:05	117	18:03	25.50	1:14:42	20.08	7	12:37	101	16:58