



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Stapler, Oliver

Total time: 1:18:36

Club: Lorsch

Number: 148

Course: 25.50 km

Rank in course/Total: 160 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 139 (of 241)

Best time in course: 57:44

Category:

Rank in category: 21(of 28)

männl. AK 3 (TM 30-34)

Best time in the category: 1:01:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:48	0.00	12	3:15	108	4:24	0.50	11:48	0.00	1	-	181	3:27
Rad	20.00	41:49	28.70	10	8:15	93	12:27	20.50	53:37	22.38	25	6:33	212	11:37
Lauf	5.00	24:59	12.01	15	6:56	123	18:15	25.50	1:18:36	19.08	20	17:11	139	20:52