



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Daniel, Stina

Total time: 1:38:35

Club: Bensheim

Number: 145

Course: 25.50 km

Rank in course/Total: 303 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Women: 73 (of 76)

Best time in course: 1:02:40

Category:

Rank in category: 14(of 14)

weibl. AK 3 (TW 30-34)

Best time in the category: 1:11:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.50	14:26	0.00	13	5:52	62	6:46	0.50	14:26	0.00	14	5:52	67	1:41
Rad	20.00	49:51	24.07	12	10:47	54	15:51	20.50	1:04:17	18.67	14	16:39	70	3:28
Lauf	5.00	34:18	8.75	13	11:16	67	15:25	25.50	1:38:35	15.22	14	26:53	73	35:55