



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Hildebrand, Alexander

Total time: 1:07:39

Club: Mainz-Kastel

Number: 277

Course: 25.50 km

Rank in course/Total: 42 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 39 (of 241)

Best time in course: 57:44

Category:

Rank in category: 8(of 28)

männl. AK 3 (TM 30-34)

Best time in the category: 1:01:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	8:33	0.00	1	-	9	1:09	0.50	8:33	0.00	20		181	0:12
Rad	20.00	36:50	32.58	5	3:16	30	7:28	20.50	45:23	26.44	25		212	3:23
Lauf	5.00	22:16	13.47	7	4:13	57	15:32	25.50	1:07:39	22.17	8	6:14	40	9:55