



# 7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

## Detailed evaluation

**Balß, Manfred**

**Total time: 1:21:41**

Club: Lautertal

Number: 278

Course: 25.50 km

Rank in course/Total: 201 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 168 (of 241)

Best time in course: 57:44

Category:

Rank in category: 32(of 43)

Senioren 1 (TM 40-44)

Best time in the category: 1:00:43

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.50	12:49	0.00	30	4:40	139	5:25	0.50	12:49	0.00	38	0:15	181	4:28	
Rad	20.00	fehlt!	-	-	-	-	-	20.50	-	-	-	-	-	-	
Lauf	5.00	1:08:52	4.36	40	50:10	230	1:02:08	25.50	1:21:41	18.36	32	20:58	169	23:57	