



7. Lorsch Triathlon 2010

Lorsch / 01.08.2010

Detailed evaluation

Simon, Christoph

Total time: 1:21:30

Club: Dresden

Number: 301

Course: 25.50 km

Rank in course/Total: 198 (of 317)

Lorsch Triathlon 0,5-20-5

Rank in course/Men: 166 (of 241)

Best time in course: 57:44

Category:

Rank in category: 20(of 23)

männl. AK 2 (TM 25-29)

Best time in the category: 57:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.50	-	-	16		181		0.50	-	-	16		181	
Rad	20.00	55:38	21.57	17	26:16	194	26:16	20.50	55:38	21.57	20	10:33	212	13:38
Lauf	5.00	25:52	11.60	13	8:19	135	19:08	25.50	1:21:30	18.40	20	23:46	167	23:46